



Foods Provided On The Full American Plan

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| <p>Meat</p> <p>Chicken Steak Pork chops Ground Hamburger Bacon Sausage Italian Sausage Wieners</p> | <p>Juices & Drinks</p> <p>Tomato Apple Orange Grapefruit V-8 Un-sweetened Kool-aid</p> | <p>Breakfast Food</p> <p>Cereal-assorted Eggs Pancake mix (buttermilk and regular) Old Tyme syrup Coffee (instant or perked) Tea Hot chocolate</p> | <p>Vegetables</p> <p>Corn (nibbles or cream) Peas Peas and Carrots Carrots Yellow beans Pork and beans Potatoes Onions</p> |
| <p>Fresh Vegetables</p> <p>When available Lettuce Tomatoes Celery Carrots Green peppers</p> | <p>Lunch Meats</p> <p>Canned Klik Pkg. balona Pkg. spiced ham Pkg. summer sausage Pkg. luncheon meat</p> | <p>Snacks</p> <p>Cookies (assorted) Coconut cream Chip and nut Chocolate ruffles Peanut butter ruffles Cinnamon crunch Ritz crackers Cheese (Cnd. Cheddar) Peanut butter Honey Jams and Jellies</p> | <p>Miscellaneous</p> <p>SOS pads Baggies Dish soap Hand soap Cleanser Tissue paper Paper towels Aluminum foil Toothpicks Raid Garbage bags</p> |
| <p>Fruits</p> <p>Peaches Apple sauce Fruit cocktail Sliced pineapple</p> | <p>Other Foods</p> <p>Spaghetti Spaghetti sauce Tomato paste Hamburger helper Beef stew Wieners and beans Spaghetti and meat balls Kraft dinner Tartar sauce Miracle whip salad</p> | <p>Other Foods (cont'd)</p> <p>dressing Mustard Ketchup Pickles (sweet and dill) White sugar Flour Salt Pepper Whole milk Cornmeal</p> | <p>Other Foods (cont'd)</p> <p>Crisco shortening Crisco cooking oil Butter Margarine Sliced cheese Bread Hamburger buns Hot dog buns Soups - tomato, mushroom, chicken noodle, spring vegetable</p> |

Call Today. 1-800-450-2217